



CIRCULAR

We are pleased to announce the 77th **Senior National Aquatic Championships–2024** will be conducted at International Swimming Complex, Yemmekere, Near Yemmekere Ground, MANGALORE- 575001 from 10TH TO 13TH SEPTEMBER 2024 by KARNATAKA Swimming Association under the auspices of Swimming Federation of India.

The Championships will be conducted in following Swimming events for both Men & Women

Individual Events	Freestyle	50m,100m,200m,400m,800m,1500m
	Backstroke	50m, 100m, 200m
	Breaststroke	50m, 100m,200m
	Butterfly Stroke	50m, 100m,200m
	Individual Medley	200m, 400m
Relays	Freestyle Relay	4X100m, 4X200m
	Medley Relay	4X100m
	Mixed Relay (2men 2 women)	4X100m Free Style, 4X100m Medley

- Events will be held in 50-meter pool in accordance with latest World Aquatics Rules (2024)
- All events will be conducted as Heats & Finals (except Freestyle 800m, 1500m will be Timed finals)
- Fastest eight swimmers from the heats will progress to the Finals.
- All finals will be held in evening session.

Qualification Times & Entry Rules

1. Senior National Championship Qualification Time Standard for 2024 (Men & Women) will apply. All qualification times must have been achieved in 50-meter pool. (QT table attached)
2. Individual swimmer may be entered in maximum of 5 individual events subject to having achieved at least one (single entry) of the qualification times for the events entered.
3. A member unit may enter up to two swimmers in each individual event provided both swimmers have achieved the 2 (two) entry qualification time or enter one swimmer if she/he has achieved the 1 (one) entry qualification time.
4. If no swimmer from a member unit has achieved either of the qualification time, the unit may enter a maximum of 10 swimmers (5 men & 5 women). In this case, individual swimmer may be entered in not more than 2 individual events. Member unit shall decide a fair and transparent criterion of selection as per their discretion to ensure the most deserving swimmers from their unit are selected.
5. Swimmer entered with either of the qualification time, shall achieve the single-entry qualification time in at least one of the event/s entered. Failing to do so, will entail a penalty of Rs 1000/- and no participation certificate will be issued to such swimmers.
6. Entry fee of Rs 40/- per event per swimmer & Rs 200/- per team (Relay) will be paid to Swimming Federation of India by member unit. Entry fees if remaining unpaid before start of the 1st event, team will not be permitted to participate.
7. **All entries will be submitted online through GMS portal by member unit only. Last date for submission of entry (on GMS portal) is 26/08/2024.** Member unit will be required to send to SFI the full results of their state championship /selection trial by email within 5 days after submission of online entries. Failing to do so will result in acceptance of online entries. Units are encouraged to conduct state championship instead of selection trials as far as feasible for them.



Relay Entries

- Names for relay team/s will be submitted by respective team manager one hour before the session start in the prescribed form. Non submission of relay team forms will result in team exclusion from relay events. No exception will be permitted. Relay names should be only from the registered players for the event.

Withdrawals

- Individual event withdrawal for any swimmer/s may be submitted by Team Manager / Coach during or immediately after the team manager's meeting. All withdrawal will be submitted in prescribed form and shall be counter signed by swimmer. No penalty will be charged but entry fee will not be refunded.
- Swimmers who qualify for the finals and withdraw after the last heat is swum of the event and will be required withdrawal provided the application is submitted in writing 30 min before the start of the evening session.
- Any withdrawal thereafter will be treated as failure to report for finals and will invite a penalty of Rs 1000/- or disqualification from the remaining events of that day.

Team Officials

Number of team officials permitted to accompanying team from each unit will be as follows.

No of Participants	Officials	No of Participants	Officials
1 to 5	1	6 to 10	2
11 to 20	3	21 to 35	4
36 and above	5		

Awards & Certificates

- The top 3 times from the finals for each event will be awarded medals (Gold, Silver, Bronze) and merit certificates.
- The top 3 times for 800m & 1500m Freestyle events (timed event) will be awarded medals (Gold, Silver, Bronze) and merit certificate.
- Trophy for "Best Swimmer" (male& female) will be awarded to swimmer with highest number of individual Gold in respective gender. In the event of a tie, swimmer with maximum new meet records will be given higher weightage. In absence of a new meet record, the no of silver medals will be taken in consideration.
- Participation certificate will be issued only to swimmers who have achieved a single-entry time in at least one event entered.

Anti-Doping Protocols

- SFI firmly endorses the principles of clean sport and NADA team will conduct tests at this competition.
- Swimmers called out for doping tests by NADA team will make themselves available as per directions of the team from NADA. Swimmer with back-to-back events/ ceremony may grant the permission to attend under the watch of NADA escort.

Ceremonies

- Opening ceremony will be conducted on day 1 before start of evening session. All member units will ensure participation of minimum 5 athletes in good ceremonial dress / state sport kit.
- All units will ensure the team shall carry (at least one) official flag/s for the opening ceremony and "ceremonial march in"
- Swimmers will ensure that they come for "Victory Ceremony" in state kit (if provided). If no state kit is provided swimmer will present themselves on podium in full length bottoms and covered torso only.
- Swimmers are advised to report for victory ceremonies when called out. If any swimmer fails to report when called for their medal ceremony, Medal & Merit certificate will not be given of that event.



Travel & Accommodation

- Teams will make their own travel arrangements.
- Accommodation will not be provided by organizing committee. Team /Player requiring support for subsidized accommodation will be required to submit accommodation request in given form NOT LATER than 15 days before start of event. This facility will be available for player / team officials only.
- Shared transfers from & to departure point (airport/station) will be made available by organizing committee subject to arrival/departure details submitted in given form NOT later than 15 days before start of event.

Meals

- Breakfast / Lunch / Dinner will be provided at venue for those who wish to avail, on purchase of meal coupons. Subsidized meal coupon at Rs 1000/- per person can be purchased at venue for the entire duration of the event.

General

- It is mandatory for entered swimmer to have valid SFI UID (2024-25). Renewal/ Registration prior to date to respective state championship / selection is necessary.
- Swimmers are required to carry digital / print copy of "valid UID card" when reporting and produce the same for inspection if asked for by Competition Director, Call Room or Only SFI officials on duty.
- Only players will be permitted on deck areas when their events are in progress. Only Coaches having SFI UID card will be permitted in warm up area and coaches deck stand while events of their swimmer is in progress.

For the more information and local arrangements, you may contact SFI office and Organizing Secretary of the event.

Organizing Secretary:

Mr. M. Satish kumar

Organizing Secretary & Secretary

Karnataka Swimming Association

43, 12th Cross, Ram Mandir Road

Sampangi Ram Nagar

BANGALORE – 560027

Email : karnatakaswimming@gmail.com

(M) +91 9880673988

LOCAL COORDINATOR:

Shri Naveen St Allosyus (M) 90355 87101

ENCL :

1. Event Schedule & QT
2. Registration form & Entry Form

SFI Office Details:

Mr. Monal D Chokshi

General Secretary

Swimming Federation of India

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Monal D Chokshi
General Secretary



SWIMMING FEDERATION OF INDIA

SWIMMING PROGRAM FOR 77th SENIOR NATIONAL AQUATIC CHAMPIONSHIPS -2024

FIRST DAY MORNING HEATS

- | | |
|------------------------------|-------------|
| 1. 400M FREE STYLE | MEN |
| 2. 400M FREE STYLE | WOMEN |
| 3. 200M BREAST STROKE | MEN |
| 4. 200M BREAST STROKE | WOMEN |
| 5. 100M BACK STROKE | MEN |
| 6. 100M BACK STROKE | WOMEN |
| 7. 50M BUTTERFLY | MEN - |
| 8. 50M BUTTERFLY | WOMEN |
| 9. 4 x 200M FREE STYLE RELAY | WOMEN(T.F.) |

FIRST DAY EVENING

FINALS

- | | |
|------------------------------|-----------|
| 1. 400M FREE STYLE | MEN |
| 2. 400M FREE STYLE | WOMEN |
| 3. 200M BREAST STROKE | MEN |
| 4. 200M BREAST STROKE | WOMEN |
| 5. 100M BACK STROKE | MEN |
| 6. 100M BACK STROKE | WOMEN |
| 7. 50M BUTTERFLY | MEN , |
| 8. 50M BUTTERFLY | WOMEN |
| 9. 4 x 200M FREE STYLE RELAY | MEN(T.F.) |

SECOND DAY MORNING HEATS

- | | |
|---------------------------|-------------|
| 1. 1500M FREE STYLE | WOMEN(T.F.) |
| 2. 800M FREE STYLE | MEN(T.F.) |
| 3. 200M INDIVIDUAL MEDLEY | WOMEN |
| 4. 200M INDIVIDUAL MEDLEY | MEN |
| 5. 100M FREESTYLE | WOMEN |
| 6. 100M FREESTYLE | MEN |
| 7. 50M BREAST STROKE | WOMEN |
| 8. 50M BREAST STROKE | MEN |
| 9. 4 x 100M MEDLEY RELAY | MIXED(T.F.) |

SECOND DAY EVENING FINALS

- | | |
|-----------------------------|-------------|
| 1. 1500M FREE STYLE | WOMEN(T.F.) |
| 2. 800M FREE STYLE | MEN(T.F.) |
| 3. 200M INDIVIDUAL MEDLEY | WOMEN |
| 4. 200M INDIVIDUAL MEDLEY | MEN |
| 5. 100M FREESTYLE | WOMEN |
| 6. 100M FREESTYLE | MEN |
| 7. 50M BREAST STROKE | WOMEN |
| 8. 50M BREAST STROKE | MEN |
| 9. 4 x 100M FREESTYLE RELAY | MIXED(T.F.) |



THIRD DAY MORNING HEATS

1. 1500M FREE STYLE	MEN(T.F.)
2. 800M FREE STYLE	WOMEN (T.F.)
3. 200M BUTTERFLY	MEN
4. 200M BUTTERFLY	WOMEN
5. 50M BACK STROKE	MEN
6. 50M BACK STROKE	WOMEN
7. 50M FREESTYLE	MEN
8. 50M FREE STYLE	WOMEN
9. 4 x 100M MEDLEY RELAY	MEN(T.F.)

THIRD DAY EVENING FINALS

1. 1500M FREE STYLE	MEN(T.F.)
2. 800M FREE STYLE	WOMEN (T.F.)
3. 200M BUTTERFLY	MEN
4. 200M BUTTERFLY	WOMEN
5. 50M BACK STROKE	MEN
6. 50M BACK STROKE	WOMEN
7. 50M FREESTYLE	MEN
8. 50M FREE STYLE	WOMEN
9. 4 x 100M MEDLEY RELAY	WOMEN(T.F.)

FOURTH DAY MORNING HEATS

1. 400M INDIVIDUAL MEDLEY	WOMEN
2. 400M INDIVIDUAL MEDLEY	MEN
3. 200M FREE STYLE	WOMEN
4. 200M FREE STYLE	MEN
5. 200M BACK STROKE	WOMEN
6. 200M BACK STROKE	MEN
7. 100M BREAST STROKE	WOMEN
8. 100M BREAST STROKE	MEN
9. 100M BUTTERFLY STROKE	WOMEN
10. 100M BUTTERFLY STROKE	MEN
11. 4 x 100M FREE STYLE RELAY	WOMEN(T.F.)
12. 4 x 100M FREE STYLE RELAY	MEN(T.F.)

FOURTH DAY EVENING FINALS

1. 400M INDIVIDUAL MEDLEY	WOMEN
2. 400M INDIVIDUAL MEDLEY	MEN
3. 200M FREE STYLE	WOMEN
4. 200M FREE STYLE	MEN
5. 200M BACK STROKE	WOMEN
6. 200M BACK STROKE	MEN
7. 100M BREAST STROKE	WOMEN
8. 100M BREAST STROKE	MEN
9. 100M BUTTERFLY STROKE	WOMEN
10. 100M BUTTERFLY STROKE	MEN

N.B. In the Morning session heats will be conducted and finals will be conducted in the evening session. 800m & 1500m Free Style will be conducted as Time Finals with Fastest heat will be conducted in evening. All Relays will be held as Time Final.



SWIMMING FEDERATION OF INDIA
QUALIFYING TIME/STANDARD FOR SENIOR NATIONAL AQUATIC CHAMPIONSHIPS-2024

EVENTS	MEN		WOMEN	
	1ENTRY	2ENTRY	1ENTRY	2ENTRY
50m Free Style	0.23.97	0.23.84	0.27.55	0.26.91
100m Free Style	0.52.57	0.52.12	01.00.63	0.59.36
200m Free Style	02.01.02	01.57.92	02.11.29	02.10.84
400m Free Style	04.11.63	04.04.41	04.49.86	04.44.53
800m Free Style	08.42.52	08.35.83	10.17.66	09.53.54
1500m Free Style	16.44.71	16.32.34	19.50.21	18.51.65
50m Back Stroke	0.23.83	0.27.61	0.31.91	0.31.31
100m Back Stroke	0.59.86	0.58.64	01.08.74	01.07.23
200m Back Stroke	02.11.95	02.10.61	02.36.40	02.28.69
50m Breast Stroke	0.29.85	0.29.58	0.36.25	0.35.65
100m Breast Stroke	01.06.64	01.05.53	01.19.71	01.17.89
200m Breast Stroke	02.27.60	02.23.95	02.48.35	02.47.53
50m Butterfly Stroke	0.25.62	0.25.10	0.29.20	0.29.05
100m Butterfly Stroke	0.57.91	0.56.74	01.06.36	01.05.13
200m Butterfly Stroke	02.12.89	02.08.16	02.33.67	02.29.22
200m Individual Medley	02.13.87	02.13.34	02.38.67	02.31.11
400m Individual Medley	04.58.07	04.46.59	05.38.38	05.22.09
4x100m Free Style Relay	03.52.00		04.27.36	
4x200m Free Style Relay	08.16.61		09.54.55	
4x100m Medley Relay	04.10.50		05.00.99	
4X100M Mixed Medley Relay	04.27.06			
4X100m Mixed Free Style	04.04.35			